## Claims

1. A system for transmitting a message at a predetermined time
and comprising a transmitting mobile communication device
connected to a communication network, and said transmitting
mobile communication device comprising a message generator
enabling an operator of said transmitting mobile communication
device to generate a message and to define a recipient of said
message and a predetermined time for transmitting said message,
and a timing element transmitting said message at said
predetermined time.

2. A system according to claim 1, wherein said message
comprises a notification or an alert comprising a text, an
audio track, a visual image, or any combination thereof.

3. A system according to claim 1, wherein said message
comprises a short messaging service (SMS), a multimedia
messaging service (MMS) message, or unstructured supplementary
service data (USSD).

4. A system according to claim 1, wherein said communication
network comprises a wireless telecommunication network, a
wireless short range short wave radio network, such as
Bluetooth, a computer network, or any combination thereof.

5. A system according to claim 4, wherein said communication
network further comprises a television network connecting to a
gateway connected to said telecommunication network, said
computer network, or said Bluetooth network.

6. A system according to claim 1, wherein said mobile communication device further comprises a calendar element enabling said operator to schedule events, which calendar element connecting to said message generator thereby enabling
5    said operator to define an event in the calendar element and to generate an event notification in said message and to define a predetermined time for transmitting said event notification to said recipient.

10   7. A mobile communication device for connecting to a communication network and transmitting a message at a predetermined time, and comprising a keyboard and display for interfacing with an operator, a storage element for storing a message generator application adapted to enable said operator
15   to generate content of said message, a transmission application adapted to process and pass said message, and a timing application adapted to time transmission of said message according to a predetermined transmission time, a processor for processing data and executing said applications stored in said
20   storage element.

8. A mobile communication device according to claim 7, wherein said message generator application is adapted to call said transmission application for preparing transmission through
25   said message handling element, which during the process is adapted to call the timing application starting a timing function determining the transmission time of said message.

9. A mobile communication device according to claim 7 further
30   comprising a calendar application adapted to enable the operator to perform calendar operations and wherein said calendar application is adapted to call said message generator

application for generating a notification to be transmitted in said message at the predetermined time.

10. A method for transmitting a message at a predetermined time from a transmitting mobile communication device connected to a communication network, and said method comprising,

(a)  storing in a storage element a message generator application, a transmission application, and a timing application,

(b)  processing data and executing said applications stored in said storage element by means of a processor,

(c)  enabling said operator to generate content of said message by means of said message generator application interfacing with said operator through a display and keyboard,

(d)  enabling said operator to define a recipient of said message and a predetermined time for transmitting said message to said recipient,

(e)  processing and passing said message by means of said transmission application,

(f)  timing transmission of said message according to said predetermined transmission time by means of said timing application,

(g)  transmitting said message through said communication network at said predetermined time by means of a message handling element operable by said transmission application.

11. A computer program comprising code adapted to perform the following when said program is run on a processor:

(a)  storing in a storage element a message generator application, a transmission application, and a timing application,

(b)   processing data and executing said applications stored in said storage element by means of said processor,

(c)   enabling an operator to generate content of said message by means of said message generator application interfacing with said operator through a display and keyboard,

(d)   enabling said operator to define a recipient of said message and a predetermined time for transmitting said message to said recipient,

(e)   processing and passing said message by means of said transmission application,

(f)   timing transmission of said message according to said predetermined transmission time by means of said timing application, and

(g)   transmitting said message through a communication network at said predetermined time by means of a message handling element operable by said transmission application.